

RADIO COPY

Title: Udo's 3*6*9 Oil Blend

Type: 60 seconds

Date: June 2, 2005

ANNCR:

One of the most common misconceptions in the health world is that all fat is bad for you. But this simply isn't true. Essential fatty acids are necessary for good health. People who regularly consume adequate amounts of essential fatty acids enjoy more energy, stamina, concentration, better mood and healthier skin. But our fast paced life style sometimes makes it difficult to always eat the right foods. That's why UDO'S 3*6*9 OIL BLEND is the perfect way to supplement your body's need for essential fatty acids. You get the same benefits as fish oil, but in an organic, vegetarian blend. Drizzle UDO'S BLEND on your cooked food. Add it juice, yogurt or smoothies. You'll be amazed by its versatility. Pick up UDO'S 3*6*9 OIL BLEND at SUNFLOWER NATURAL FOODS, 194 Main Street in Antigonish. Join us there Friday, June 10th from 10am to 2pm for a demonstration of UDO'S OIL BLEND recipes and the BIJA line of healing teas.

RADIO COPY

Title: BIJA Healing Teas

Type: 60 seconds

Date: June 2, 2005

ANNCR:

Tea...its been enjoyed as a refreshing beverage for centuries all over the world. But many cultures have also used tea to heal a wide variety of ailments. BIJA has gathered knowledge from China, India, Tibet and North America's First Nations to create the finest healing teas available. BIJA HEALING TEAS offer an extensive line of caffeine-free, multi herb teas with only the highest quality ingredients. And each tea is specially blended to deliver specific benefits for a variety of health conditions, such as digestive problems, sleeping difficulties and low energy. Wherever possible we use organic ingredients to ensure the most potent formula in each cup. And BIJA tea bags are the heaviest, by weight, of any comparable formula. Get the healing line of BIJA TEAS at SUNFLOWER NATURAL FOODS, 194 Main Street in Antigonish. Join us there Friday June 10 from 10am to 2pm for a demonstration of the BIJA line and see for yourself the benefits of these delicious, therapeutic teas.

RADIO COPY

Title: Udo's Ultimate Digestive Blend

Type: 60 seconds

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Digestive enzymes are probably not even on your radar screen when it comes to your health. But they play an important role in getting the most out of the nutrients in your food. Without adequate enzymes in your body, you may suffer from digestion problems, fatigue food allergies and other health conditions. Enzymes can be depleted by stress and age. Poor eating habits, processed foods and illness all take a heavy toll on your digestion system. UDO'S CHOICE ULTIMATE DIGESTIVE ENZYME BLEND provides a full range of potent plant enzymes. They break down fat, carbohydrates, protein and dairy. The result is better digestion, improved nutrient absorption, increased energy and less bloating and gas. Get the ULTIMATE DIGESTIVE BLEND at SUNFLOWER NATURAL FOODS, 194 Main Street in Antigonish. And when you buy the 90 capsule bottle of this product, get a 20 cap travel pack free. Be sure to join us at SUNFLOWER NATURAL FOODS, Friday, June 10 from 10am to 2pm for a demonstration of Udo's Oil Blend recipes and BIJA healing teas.

RADIO COPY

Title: Salus Cal Mag

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Calcium is widely known for building healthy bones. But what you may not realize is that calcium needs assistance from other nutrients to be adequately absorbed by your body. Magnesium, zinc and vitamin D all play vital roles in working with calcium to build strong bones. SALUS CALCIUM MAGNESIUM FORMULA contains the right mix of nutrients for maximum bone health. And because Salus uses highly soluble calcium your body will absorb more of the nutrients regardless of your age, diet or hormone status. And SALUS CALCIUM MAGNESIUM FORMULA is free of lead, preservatives and colouring. Best of all, its herb and fruit juice base is delicious. It has everything you need in a daily calcium supplement. Get SALUS CALCIUM MAGNESIUM FORMULA at SUNFLOWER NATURAL FOODS, 194 Main Street in Antigonish. Join us there Friday, June 10th from 10am to 2pm for a demonstration of UDO'S Oil Blend recipes and the BIJA line of healing teas.