

"Cardiovascular disease is the leading cause of death for both men and women in North America."

Science reveals traditional ingredient reduces risk of heart disease

Imagine still doing the things you love when you're (insert age here)

Whether it's physical failings that prevent you from doing the things you love or depending on loved ones for care, you don't want to be stopped by disease just as you're entering your golden years.

As you advance in years, your risk of contracting heart disease and stroke increase. Biochemical changes happen in your body.

For example, fibrin is a naturally produced protein that occurs in your blood. But if you have too much unhealthy fibrin it can cause problems for your heart and circulatory system. Some of these problems include:

- Unhealthy blood clots
- Increased blood thickness
- Impaired circulation
- Blood pressure concerns

When your blood thickens or clots increase it can lead to minor health concerns like sore muscles to major health problems like stroke.

Nattokinase can deliver a harvest of good health

Your body also produces fibrinolytic enzymes, which break down and dissolve fibrin. Unfortunately, your production of fibrinolytic enzymes decline as you age.

However, you can raise the number of these enzymes in your body by adding **Nattokinase** – a fibrinolytic enzyme that's found in fermented

soy beans that the Japanese call natto. They have consumed it for centuries and regard it as very healthy food.

It's only recently that Nattokinase itself has been investigated. Research from Japan suggests Nattokinase delivers several outstanding benefits to your body, including a reduction of fibrin and assisting in a healthy blood flow throughout your circulatory system.

Flora's stringent quality control assures only the best for your body

• **Convenient, cost-effective clinically recommended dosage. 100 mg, 2000 FU (Fibrin Units).** According to clinical research*, 2,000 FU daily (1 Flora capsule) is recommended as a preventative dose, and 4,000 FU (2 Flora capsules) for therapeutic use.

• **No Vitamin K:** Vitamin K is removed from Flora's Nattokinase NSK-SD™ during extraction, so it is not contra-indicated with prescription heart medications, ie blood thinners.

• **Clinically proven:** Studies* using specifically NSK-SD™ Nattokinase have shown its effectiveness in reducing stickiness of the blood, and preventing and dissolving clots.



*An open clinical pilot study to evaluate the safety and efficacy of natural super kinase as an add-on oral fibrinolytic agent to low molecular weight heparin & anti-platelets in acute ischaemic stroke. Conducted by Siro Clinpharm Pvt. Ltd. H. Sumi, H. Hamada, H. Mihara etc. 1989. Fibrinolytic effect of the Japanese traditional food "Natto" (Nattokinase). Japan Functional Food Research Association.

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H. Sumi, H. Hamada, H. Tushima and H. Mihara, Dept. of Physiology, Miyazaki Medical College, Miyazaki, Dept. of Fundamental Natural Science, Okayama University of Science, Okayama, Japan. Fibrinolysis, 2 (sup. 1) : 67, 1988 5, 1998. A novel strong fibrinolytic enzyme (Nattokinase) in the vegetable cheese "Natto". Japan Functional Food Research Association.

Go to your quality health food store for Flora's proven and safe Nattokinase NSK-SD™ - trust Flora for the health of you and your loved ones.

